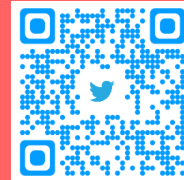




Scan for 'X' (Twitter)



Hello everyone

Thank you to the Y4 parents who attended the creative **workshop about wordless books** on Tuesday with the wonderful **Karen Argent** from **Letter Press** <https://letterpressproject.co.uk/>



A special thank you to the Y6 parents and fantastic staff from **Villa Vision** who found out all about the importance of proper eye care during a workshop on Wednesday. The Y6 children also had lots of fun testing their own eyesight during the class workshops this week too—we are really grateful to Villa Vision for providing such a valuable opportunity.



Eid Mubarak to all those members of our **#thorntonfamily** who will be celebrating Eid next week—these children will be given **one day's authorised absence on Monday**. Thank you in advance for your support in ensuring your child returns to **school as normal on Tuesday**.



We are really looking forward to our **Spring Fair / Eid celebrations** next week on **Friday 4th April**, and can not wait to welcome our families from **1.30pm to 3pm!** Please make sure you come along to join in the fun (**children must come with an adult!**) **THIS WILL BE A NON-UNIFORM DAY!**

And finally, we would like to invite our **Y5 parents/carers** to the **Y5 Easter assembly** on **Thursday 10th April at 9am**. The children are busy rehearsing for what promises to be a fantastic and super creative performance!

Have a great weekend everyone!

Cathy Grace, Headteacher

ARTICLE OF THE WEEK

March 22nd was World Water Day. **Articles 24 and 27** are linked to this day because they stress the importance of children having:

- the best health care
- adequate, safe housing
- clean water
- nutritious food
- education on healthy lifestyles and well-being

A steady supply of clean running water ensures children can stay hygienically safe. It is very important that we don't waste water.



Headteacher - Mrs Cathy Grace
Deputy Headteacher - Mr Mason
Assistant Headteachers - Mrs Biddle Rawbone and Mrs Mazari
Chair of Governors—Mr Subat Ali

Thornton Road
Ward End,
Birmingham B8 2LQ
0121 327 0824
enquiry@thornton.bham.sch.uk





Helping children to see a brighter future

Who are we?

The Aston Villa Foundation delivers the community and social responsibility work of Aston Villa Football Club. Working alongside key local and national stakeholders, the Foundation delivers projects, initiatives and provides opportunities to achieve its mission of 'Working Together to Enrich Lives'.

The Foundation and its partners work with people from a variety of backgrounds in Birmingham, as well as supporting the wider 'Aston Villa family' through several departments including Schools and Education, Football in the Community, Disability, Health and Wellbeing, Interventions and Community Relations.



How to look after your child's eyes

What is Villa Vision?

Villa Vision has been designed to:

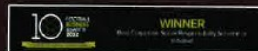
- Educate children, parents and teachers in our local community on the importance of eye health.
- Provide free vision and colour vision screening in schools.
- Enable access to free eye examinations for children, with our very own eyecare van and registered Optometrist.
- Dispense free glasses for children requiring a correction with our registered Dispensing Optician.

Villa Vision is supported by the Premier League and Professional Footballers' Association. Administered through the Premier League Charitable Fund, the funding helps football clubs to tackle inequality and respond to local challenges, supporting people and their communities to be more inclusive.

Supported further by Aston University, EssilorLuxottica OneSight, and the Wesleyan Foundation, our aim is to provide children with the visual foundation to succeed.



Foundation



Aston Villa Foundation
Aston Villa Football Club
Trinity Road,
Aston, Birmingham, B6 6HE
www.avfc.co.uk/foundation



Villa Vision
See a brighter future



Foundation

Supported by



7 Ways to Look After Your Child's Eyes

1. Rest the eyes

Children should aim to get between 8-12 hours sleep per night to safeguard their eyes. The quality of rest can be improved by avoiding the use of screens and devices at least an hour before bedtime.

2. Have a regular eye test

It is recommended that children should have an eye test at least once every two years with a local optician.



3. Sun protection

Encourage children to wear sunglasses outside to help protect the eyes from the sun's Ultraviolet (UV) rays.

4. Manage screen time

Limit screen time to about 30-45 minutes in one sitting. Instead, inspire children to try something different like cooking together, playing board games, spending time outside, or take up a hobby.

Give every child the visual foundation to succeed.



5. Look out for the warning signs

Look out for the warning signs that might suggest changing eyesight, for example sitting nearer to the TV, holding things closer, headaches, bumping into things or rubbing eyes.



6. Eat well

Help children to maintain a healthy, balanced diet which will support their growth, development and eye health.

7. Help normalise glasses

If your child has been prescribed glasses, encourage and support them in wearing them. The glasses have been prescribed to help improve your child's vision and potentially prevent further deterioration.

These simple steps can help towards protecting your child's eyes



Villa Vision
See a brighter future



School Attendance



Class Attendance

Well Done to **3ST, 5ZY and 6ZB** for achieving our school attendance target of 97% and above for last week.

Our school attendance last week was **95.1%**

Reporting Absences to school

If your child is absent from school please call or leave a message on the school absence answering machine before 9am to let us know the reason. Please provide school with as much detail as possible about your child's absence. If you need to discuss your child's symptoms with a first aider please request a call back. Please ring the school office on **0121 327 0824** our lines are open from 8am. Thank you very much for your support.



PE TIMETABLE

Monday 31st March

PE kits for all!

Tuesday 1st April

Swimming for **4SH** and **4TW**.

4SH MUST be in school for 8.25am

Wednesday 2nd April

Year 3

Thursday 3rd April

Year 5

Friday 4th April

Year 6

SPRING FAIR RAFFLE PRIZES

£5.00 FOR 5



You've got to be in it to WIN IT !!!!



Each baskets contains items over £50.00!
Minimum spend on the tickets is £5.00, but you get 5 tickets... so that's more chances to win!
Please go to the school reception at the end of the school day to buy your tickets.



THE RAFFLE WILL BE DRAWN ON 4TH APRIL AT THE SPRING FAIR.

Tables are available to rent (£15 single table, £30 double table). If you are interested, please contact the admin team on: 0121 327 0824

Minimum spend is £5.00... but for that you get 5 tickets!!!