

# DINE

WITH MIQUILL

WEEK ONE

**DINE**  
Main Meal

**DINE**  
Vegetarian Meal

**DINE**  
Jackets or Pasta



Sweet choices

## MONDAY



**Beef Burger in a Bun**  
with Potato Wedges and Green Salad or Peas

**Quorn Burger in a Bun**  
with Potato Wedges and Green Salad or Peas

**Lemon Drizzle Cake and custard**

## TUESDAY



**Chicken Tikka Pizza**  
with Potato Salad and Sweetcorn or Baked Beans

**Cheese & Tomato Pizza**  
with Potato Salad and Sweetcorn or Baked Beans

**Ice Cream**

## WEDNESDAY



**Roast Chicken Stuffing & Gravy**  
with Roast Potatoes and Carrots or Broccoli

**Cheese Pasty**  
with Roast Potatoes and Carrots or Broccoli

**Summer Fruit & Yoghurt Crunch**

## THURSDAY



**Hot Chicken Tikka Baguette**  
with Wholegrain Rice and Rainbow Slaw or Cauliflower

**Cheese and Bean Wrap**  
with Wholegrain Rice and Rainbow Slaw or Cauliflower

**Rice Krispie Bar**

## FRIDAY



**Fish Fingers**  
with Chips and Garden Peas or Baked Beans

**Vegetarian Fishless Fingers**  
with Chips and Garden Peas or Baked Beans

**Chocolate Chip Cookie**

**Fresh Pasta and Tomato Sauce available every day**  
Filled Jackets and freshly made sandwiches are also available

WEEK COMMENCING:  
08/04, 29/04, 20/05, 10/06, 01/07,  
22/07, 12/08, 02/09, 23/09, 14/10

Fresh Bread, Yoghurt, Vegetarian Jelly, Fruit and Tray bakes are available daily

MIQUILL

# DINE

WITH MIQUILL

WEEK TWO

DINE

Main Meal

DINE

Vegetarian Meal

DINE

Jackets or Pasta



Sweet choices

## MONDAY

*Comfort*  
FOOD



**Beef Lasagne**  
with New  
Potatoes and Peas

**Macaroni Cheese**  
with New  
Potatoes and Peas

## TUESDAY



*Italian*

**Tuna Pasta Bake**  
with Garlic Bread  
and Sweetcorn  
or Italian Side  
Salad

**Cheese and  
Tomato Pizza**  
with Garlic Bread  
and Sweetcorn  
or Italian Side  
Salad

## WEDNESDAY

*Roasts*



**Roast Chicken  
Stuffing & Gravy**  
with Roast  
Potatoes and  
Cabbage or  
Broccoli

**Vegetarian  
Sausage**  
with Roast  
Potatoes and  
Cabbage or  
Broccoli

## THURSDAY



*AROUND THE  
World*

**Chicken Tikka  
Masala**  
with Wholegrain  
Rice and  
Cauliflower or  
Roasted Carrots

**Vegetable  
Samosa**  
with Wholegrain  
Rice and  
Cauliflower or  
Roasted Carrots

## FRIDAY

*Fish  
& Chips*



**Battered Fish**  
with Chips and  
Mushy Peas or  
Baked Beans

**Vegetable  
Nuggets**  
with Chips and  
Mushy Peas or  
Baked Beans

**Fresh Pasta and Tomato Sauce available every day**  
Filled Jackets and freshly made sandwiches are also available

Ice Cream

Fresh Fruit Salad

Chocolate  
Brownie

Apple Sponge  
& Custard

Flapjack

WEEK COMMENCING:  
15/04, 06/05, 27/05, 17/06, 08/07,  
29/07, 19/08, 09/09, 30/09, 21/08

Fresh Bread, Yoghurt, Vegetarian Jelly, Fruit and Tray bakes are  
available daily

MIQUILL

# DINE

WITH MIQUILL

WEEK THREE

DINE

Main Meal

DINE

Vegetarian Meal

DINE

Jackets or Pasta

Dessert  
STOP

Sweet choices

MONDAY

Comfort  
FOOD



**Chicken Sausages & Onion Gravy**  
with Mash and Peas or Baked Beans

**Cheese and Onion Pasty**  
with Mash and Peas or Baked Beans

TUESDAY



Italian

**Beef Bolognese with Spaghetti**  
with Garlic Bread, Sweetcorn and Peppers or Carrots

**Vegetable Pizza**  
with Garlic Bread, Sweetcorn and Peppers or Carrots

WEDNESDAY

Roasts



**Roast Chicken Stuffing & Gravy**  
with Roast Potatoes and Cabbage or Courgettes

**Quorn Roast**  
with Roast Potatoes and Cabbage or Courgettes

THURSDAY



AROUND THE  
World

**Sheesh Kebab with Pitta & Yoghurt and Mint Dip**  
with Rice and Leeks

**Vegetable Samosa with Yoghurt and Mint Dip**  
with Rice and Leeks or Broccoli

FRIDAY



**Fish Fingers**  
with Chips and Garden Peas or Baked Bean

**Fishless Fingers**  
with Chips and Garden Peas or Baked Beans

**Fresh Pasta and Tomato Sauce available every day**  
Filled Jackets and freshly made sandwiches are also available

Chocolate Cake

Ice Cream

Shortbread

Strawberry  
Jelly

Vanilla Iced  
Sponge

WEEK COMMENCING:  
22/04, 13/05, 03/06, 24/06, 15/07,  
05/08, 26/08, 16/09, 07/10

Fresh Bread, Yoghurt, Vegetarian Jelly, Fruit and Tray bakes are  
available daily

MIQUILL